

ACKNOWLEDGEMENT

At the outset I thank the Almighty for the enlightenment and blessings showered on me for the successful completion of this project.

Whole hearted thanks to **Dr.(Mrs).Grace Helina**, Vice Chancellor (officiating), Tamil Nadu Physical Education and Sports University for her timely help and support in the successful completion of this Dissertation.

My sincere thanks to **Dr. P.Samraj**, registrar i/c and all the staff members and all the faculty members of the Tamil Nadu Physical Education and Sports University for their support in the successful completion of this research work.

The researcher extends grateful acknowledgement to professor Dr.K.Vaithianathan, Former Vice-Chancellor and Dr.R.Ramakrishnan, controller of examination (In- charge), Tamil Nadu Physical Education and Sports University, Chennai.

I am proud to record my indebtedness to my beloved guide **Dr. (Mrs.) Amsa Natarajan**, principal, Sri Sarada College of Physical Education for Women, Salem an exemplary advisor who meticulously planned ideal research topic. She patiently provided the research vision, constant encouragement, timely advice, midterm corrections and support to proceed throughout the doctoral program and to complete my dissertation. She has given me a moral help and freedom to finish the research work in a successful manner.

I extend my feeling of gratitude and thanks to the **Management** and **Principal**, K.C.S. Kasi Nadar college of Arts & Science, Chennai for permitting me to undertake the research work.

I extend my whole hearted thanks to my father **Mr.C.Srinivasan** for his moral support and to my mother **Mrs.S.Kanniammal** for her blessings and thank them for what I am now. I am ever grateful to my husband **Mr.K.Ilamohan** for his endless help and constant encouragement at all times. A special word of appreciation is to my son **I. KoushikKarthi** for his tolerance and patience when I was working with this Ph.D work.

I extend my sincere thanks to **Dr. V. Mahadevan**, Director of Physical Education i/c, University of Madras, Chennai for his able guidance and support throughout the study.

I extend my sincere thanks to the women basketball players of University of Madras who actively involved as subjects for this study. Without whom this study would definitely have not been possible.

My heartfelt thanks are due to Dr.K.Chandrasekar, Professor and Head, Department of Physical Education, Madurai Kamaraj University, Madurai and **Dr.V.Gopinath**, Professor Department of Physical Education, Annamalai University for their technical discussion and constructive suggestions.

I acknowledge with all humility and deep gratitude to **Dr.S.Kamalakaran**, Director of Physical Education, T.S.Narayanaswamy College of Arts & Science, Navalur, Chennai for his valuable advice, encouragement and support in all my efforts.

I wish to record my heartfelt thanks to **Mrs.V.Anitha**, Director of Physical Education, J.K.K. Nataraja College of Arts & Science, Kumarapalayam, Nammakal for providing discussions, Constructive criticisms and valuable effort in completing this research work.

I take this opportunity to thank all those associates who spare their valuable suggestions for improving my quality. I am special thankful to **Dr. Subramaniam**, Professor Tamil Nadu Physical Education & Sports

University, Chennai **Dr.T.Chitra** and **Mrs.M.Ramya** Sri Saradha College of Physical Education, Salem, **Mr.Ashokkumar**, Librarian and **Mr.Ashok**, Register Section, Tamilnadu Physical Education and Sports University, Chennai.

I acknowledge with thanks the valuable suggestions of my **friends Mrs. A. Umamaheswari, Mrs. R. Shymala**, and colleagues in K.C.S.KasiNadar college of Arts and Science, Chennai.

S.EZHILARASI